

# 32nd Annual Whitecourt Taekwondo Championship

November 25, 2023

Poomsae Draws	Category	Finals First Poomsae	Finals Second Poomsae
<b>Individual</b>	Youth/Cadet	Taegeuk Sa Jang (4)	Taegeuk Pal Jang (8)
	Junior	Taegeuk Pal Jang (8)	Taegeuk O Jang (5)
	U30	Taegeuk Pal Jang (8)	Taegeuk Chil Jang (7)
	U40	Keumgang	Koryo
	U50	Koryo	Keumgang
	U60/U65/O65	Jitae	Pyongwon
<b>Pairs/Teams</b>	Youth/Cadet	Pairs and Teams are Recreational Categories	
	Junior	Any combination of genders	
	U30	Teams consist of 3 members	
	O30	Competitors choose their patterns	

<b>2023 Birth Year Chart - Categories are based on the year in which the contestant was born.</b>		
<b>Youth:</b> born in 2012 and later	<b>U30:</b> born in 1993-2005	<b>U60:</b> born in 1963-1972
<b>Cadet:</b> born in 2009-2011	<b>U40:</b> born in 1983-1992	<b>U65:</b> born in 1958-1962
<b>Junior:</b> born in 2006-2008	<b>U50:</b> born in 1973-1982	<b>O65:</b> born 1957 and earlier

