May 1, 2023

Dear Beloved Alberta Taekwondo Masters, Athletes & Parents,

It is a great pleasure for me to extend an invitation to you and your team to participate in the AB Taekwondo Club Championship, which is scheduled for the 17th of June, 2023 in Slave Lake, Alberta. The event is very meaningful for the development of our beloved sport in Slave Lake. I am confident that the organizing committee will do its best to ensure the tournament's success and offer all participants a high-quality competition, with the best referees and volunteers to guarantee high-level transparency and fair play. This is a great tournament for students that are new to sparring and the tournament scene.

We look forward to seeing you all in Slave Lake on June 17.

Best Regards,

Master Alexander Briones, ChPC

AB Taekwondo Club

2023 AB Taekwondo Club Open General Information



Online Registration will be open from May 1st to June 10th, 2023.

Register at:

https://www.cognitoforms.com/ABTAEKWONDOCLUB/ 2023ABTaekwondoClubOpen

Date/Venue:

- Saturday, June 17th, 2023
- Multi-Rec Centre- Arena 2, 305 6 Ave SW, Slave Lake
- Doors open at 8:30 am
- Spectator admission is \$5.00 (5 and under free)

Divisions:

- Colour/Black Belt Recreational Poomsae for Individuals, All Ages
 - o Competitor performs one poomsae based on belt level
- Colour/Black Belt Recreation Sparring
 - o 2 matches guaranteed
 - No head contact for any division
 - o Divisions will be created based on competitor's gender, belt level, height, and weight

Registration Fees:

• Color Belts and Black Belts - \$60.00 for one or two events

Competitor Eligibility:

• Athletes must be members of Taekwondo Canada and their respective provincial organization

Schedule:

- Doors Open 8:30 am
- Referee Meeting 9:00 am
- Coaches' Meeting 9:30 am
- Colour and Black Belt Poomsae Divisions begin at 10:00 am
- Colour and Black Belt Sparring Divisions begin at approximately 11:00 am

Rules:

- WT rules with no head contact for all divisions
- Best of 3 system for all divisions

Coaching Requirements:

- Must be ATA member
- 1st Dan or higher
- At least 16 years old
- Dress Code: Track Suit, Dobok, or Semi-casual and Footwear

Equipment / Uniform:

- Competitors must provide their own protective equipment: arm, foot, groin, head, chest guards, hand gloves, and mouth guard
- Any brand white V-neck dobok, appropriate Taekwondo belt

Hotels in Slave Lake Area:

Room Reservations should be made BEFORE June 1, 2023, due to Slave Lake being very busy during the month of June!

- Holiday Inn and Express Suites 1551 Main St SE, Slave Lake (780) 849-4819
- Slave Lake Inn and Conference Centre 1200 Main Street South, Slave Lake (780) 849-4101
- Big Lake Inn 112 12 Ave SW, Slave Lake (780) 849-6668
- Super 8 by Wyndham 101 14 Ave SE Junction of Hwy 2 and Main Street, Slave Lake (780) 804-3100
- Lakeview Inns & Suites 1550 Holmes Trail SE, Slave Lake (780) 849-9500



REFEREE REGISTRATION

As we have all learned over the years the success of every tournament depends on the referees and officials that show initiative and come forward when needed. We greatly appreciate your assistance in making the *AB Taekwondo Club Open Tournament* successful and safe for all competitors.

~ NEW REFEREES ARE ENCOURAGED TO PARTICIPATE ~

Referees, please register at: <u>AB Taekwondo Open Tournament Referee Registration</u>
You may contact Master Cindy Richardson at: c.m.richardson.67@gmail.com

Without great referees, we would not have a successful tournament – thanks for helping to make our 1st tournament a success!!!!

REFEREE SEMINAR

AB Taekwondo will be hosting a referee seminar on Friday, June 16, 2023. Please sign up below if you are interested in referee certification or kyorugi rules review. You will be able to participate as an official at our tournament.

~ COACHES AND ATHLETES ARE ENCOURAGED TO PARTICIPATE ~

If you are interested in attending a referee seminar (open to athletes and coaches),

please register at: Referee Seminar Expression of Interest

For further information, you may contact

Master Cindy Richardson at: c.m.richardson.67@gmail.com