

# 1<sup>st</sup> Annual GP

Taekwondo Championships

June 10<sup>th</sup>, 2017

**HW PICKUP JUNIOR HIGH**  
**3505 58 AVE**  
**DRAYTON VALLEY, ALBERTA**

**FOR MORE INFORMATION CONTACT**

**Master Shawn Arsenault**

**(780) 514-9121**

**goldenphoenixtkd@hotmail.ca**

**\$5.00 at the door (6 yrs and under free) - entry for door prizes**  
**With Paid Admission**

**Doors open @8 am and Competition will begin @ 9 am**



Box 466  
Warburg AB T0C2T0  
Phone: (780) 514-9121  
Email: goldenphoenixtkd@hotmail.ca

May 24, 2017

Dear Masters, Instructors and Competitors,

**Re: 2017 Golden Phoenix Tournament**

It is my pleasure to invite you and your students to participate in our **1st Annual GP Taekwondo Championships** to be held on Saturday, June 10th, 2017 at HW Pick Up High School.

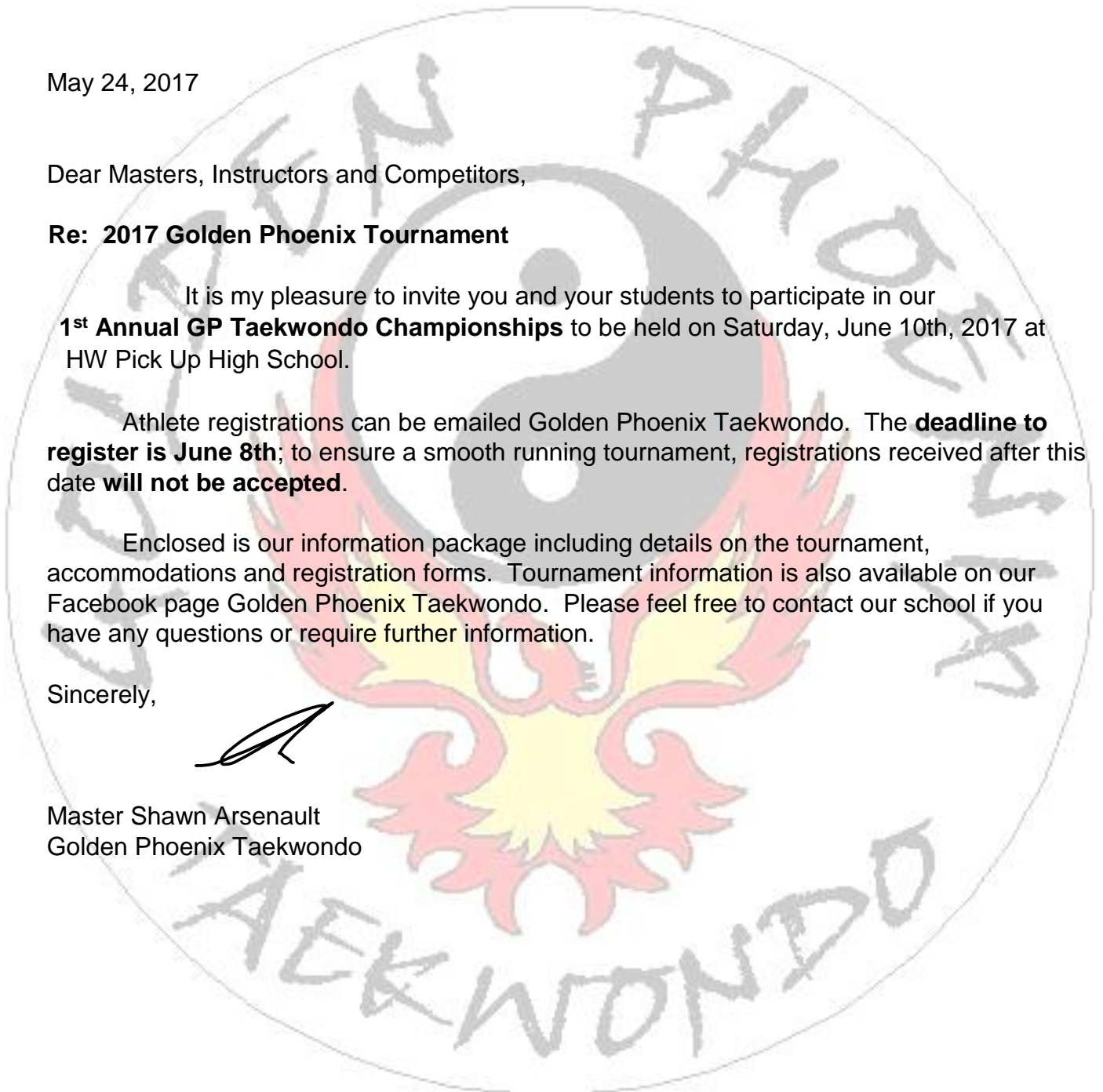
Athlete registrations can be emailed Golden Phoenix Taekwondo. The **deadline to register is June 8th**; to ensure a smooth running tournament, registrations received after this date **will not be accepted**.

Enclosed is our information package including details on the tournament, accommodations and registration forms. Tournament information is also available on our Facebook page Golden Phoenix Taekwondo. Please feel free to contact our school if you have any questions or require further information.

Sincerely,



Master Shawn Arsenault  
Golden Phoenix Taekwondo



# 2017 Golden Phoenix

## Information Sheet

**Date:** Saturday, June 10 , 2017

Doors open @ 8 am  
Referee Meeting @ approx. 8:45am  
All Color Belt Divisions begin at 9:00am  
All Belt Family and Pairs & Team Poomsae  
All Black Belt Poomsae Divisions begin at 10:00am  
Color Belt Sparring begins 10:30 am  
Recreation Black Belt Sparring s begin at approximately 2:00pm

**Place:** HW Pick Up Junior High School Drayton Valley, AB

**Registration:** DEADLINE Thursday, June 8th

**NOTE:** Registrations will not be accepted after the deadline date.

**Registration Fee:** \$60.00 for 2 or more Events

**Accommodation:** Super 8 from \$81.50 1-780-542-9122  
Holiday Inn Express \$95 1-780-515-9888

**Eligibility:** All competitors must be members of an established WTF School.

**Rules:** Olympic WTF Rules  
**Exception - NO HEAD CONTACT FOR:**  
✓ Children (15 Yrs. & Under) Color Belt Divisions  
✓ Adult (16 Yrs+) Green Belt and Under Divisions  
✓ Senior (30 Yrs+) Color belt Divisions

**Equipment:** Competitor must provide his/her own protective equipment: arm, foot, groin, head, chest guards and **mouth guards** are **mandatory**.

**Admission:** \$5.00 at the door (6 yrs. and under free) - entry for door prizes with paid admission.



# 1<sup>st</sup> Annual GP Tourney - Registration Form

Saturday, June 10th, 2016 HW Pick up Junior High

**DEADLINE FOR REGISTRATION: Wednesday, June 8th**

Last Name \_\_\_\_\_ First \_\_\_\_\_  
Birthdate \_\_\_\_\_ Age\* \_\_\_\_ Sex \_\_\_\_ Height\*\* \_\_\_\_ cm Weight\*\* \_\_\_\_ kg  
" in " lbs  
(day / month / year)

\*\*Height & weight measurements must be **accurate**; divisions for Color Belt (15 years & under) will be made based on the sum of weight and height.

Address \_\_\_\_\_ City \_\_\_\_\_ Pro \_\_\_\_\_  
Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_  
Color Belt \_\_\_\_\_ Black Belt Poom/Dan \_\_\_\_\_  
Name of TKD School \_\_\_\_\_ Phone \_\_\_\_\_

I wish to compete in (circle all Applicable) **POOMSAE** **SPARRING\***

**Team Poomsae**  
**(Red belt & up )**

**Family Poomsae**

**Pairs**  
**(Red Belt & Up)**

**Fee for 2 or more events: \$60.00 \_\_\_\_\_**

(Please make cheques payable to 'Golden Phoenix Taekwondo')

E-Transfer: \_\_\_\_\_ shawn@tkorentals.com \_\_\_\_\_ Password: \_gptourney\_

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## PLEASE READ CAREFULLY BEFORE SIGNING

I, the undersigned, hereby submit my application for registration in this Taekwondo tournament. I voluntarily assume all risks in any way connected with my participation in the said Tournament and hereby waive all claims howsoever caused, including negligence, against any and all persons, and any and all organizations and tournament officials connected with the above tournament, for any injuries or damages that I may sustain during my participation in this tournament. I also assume full responsibility for my actions and conduct during and in connection the said tournament.

Date: \_\_\_\_\_ Signature: \_\_\_\_\_

This is to certify that I, as the parent/guardian of this participant, have explained to my son/daughter the aforementioned stipulated conditions and their ramifications and I consent to his/her participation in the above tournament.

Signature of Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_



## Medical Fitness to Compete

This form **MUST BE COMPLETED** or your Application to compete will **NOT** be accepted.

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ AHC# \_\_\_\_\_

1. I hereby certify that I have not suffered a concussion, head injury, loss of consciousness or blow to the head followed by dizziness, memory loss or headache **in any activity** in the past 30 days.

Signed \_\_\_\_\_

Under 18 years, Legal Guardian \_\_\_\_\_

Date \_\_\_\_\_

2. Have you suffered a head injury, loss of consciousness, concussion or blow to the head in the past 6 months?

\_\_\_\_\_ YES \_\_\_\_\_ NO

3. If **YES**, what symptoms did you have **after** the injury?

\_\_\_ dizziness    \_\_\_ blurred vision    \_\_\_ amnesia    \_\_\_ feeling in a fog  
\_\_\_ tingling    \_\_\_ headache    \_\_\_ irritability    \_\_\_ ringing in the ears  
\_\_\_ numbness    \_\_\_ nausea    \_\_\_ vomiting    \_\_\_ sensitivity to light    \_\_\_  
inability to concentrate    \_\_\_ seeing flashing lights

4. Of the above symptoms, do you still experience any of these?

\_\_\_\_\_ YES \_\_\_\_\_ NO



# 2017 GP Tourney

## Referee Application Form

Last Name \_\_\_\_\_ First \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ Pro \_\_\_\_\_  
Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_  
E-Mail: \_\_\_\_\_  
Belt Rank \_\_\_\_\_ Instructor \_\_\_\_\_  
Name of TKD School \_\_\_\_\_

**Present Referee Class:** (Please check appropriate line)

Provincial:    \_\_\_ "P" Class        \_\_\_ 3<sup>rd</sup> Class        \_\_\_ 2<sup>nd</sup> Class        \_\_\_ 1<sup>st</sup> Class  
National:        \_\_\_ "P" Class        \_\_\_ 3<sup>rd</sup> Class        \_\_\_ 2<sup>nd</sup> Class        \_\_\_ 1<sup>st</sup> Class  
International:   \_\_\_ 3<sup>rd</sup> Class        \_\_\_ 2<sup>nd</sup> Class        \_\_\_ 1<sup>st</sup> Class

Please email application to : [goldenphoenixtkd@hotmail.ca](mailto:goldenphoenixtkd@hotmail.ca) or contact me  
1-780-514-9121