

2016 Tiger Challenge – November 19, 2016

Designated Poomsae for Sport Poomsae Divisions

Individual

Division	Poomsae 1	Poomsae 2
Youth & Under (11 & Under)	Taegeuk 6	Koryo
Cadet (12 – 14 years old)	Taegeuk 6	Koryo
Junior (15 – 17 years old)	Taegeuk 7	Taebak
Under 30 (18 – 30 years old)	Taegeuk 8	Pyongwon
Under 40 (31 – 40 years old)	Koryo	Keumgang
Under 50 (41 – 50 years old)	Taebak	Shipjin
Under 60 (51 – 60 years old)	Koryo	Pyongwon
Under 65 (61 – 65 years old)	Keumgang	Hansu
Over 65 (66 years & older)	Chonkwon	Hansu

Pairs

Division	Poomsae 1	Poomsae 2
Cadet (12 – 14 years old)	Taegeuk 6	Keumgang
Junior (15 – 17 years old)	Taegeuk 7	Koryo
Under 30 (18 – 30 years old)	Taegeuk 8	Shipjin
Over 30 (31 years & older)	Keumgang	Chonkwon

Team

Division	Poomsae 1	Poomsae 2
Cadet (12 – 14 years old)	Taegeuk 7	Keumgang
Junior (15 – 17 years old)	Taegeuk 8	Koryo
Under 30 (18 – 30 years old)	Taebak	Shipjin
Over 30 (31 years & older)	Taegeuk 8	Pyongwon