



Black Belt Weight Divisions - 2018

Weight Classes for Seniors Ages 17+ (Born 2001 and earlier):

	Men's Weight Divisions	Women's Weight Divisions
Fin	Under 54 kg	Under 46 kg
Fly	54 – 58	46 – 49
Bantam	58 – 63	49 – 53
Feather	63 – 68	53 – 57
Light	68 – 74	57 – 62
Welter	74 – 80	62 – 67
Middle	80 – 87	67 – 73
Heavy	Over 87 kg	Over 73 kg

Weight Classes for Juniors Ages 15 - 17 (Born 2001 - 2003):

	Men's Weight Divisions	Women's Weight Divisions
Fin	Under 45 kg	Under 42 kg
Fly	45 - 48	42 - 44
Bantam	48 - 51	44 - 46
Feather	51 - 55	46 - 49
Light	55 - 59	49 - 52
Welter	59 - 63	52 - 55
Light Middle	63 - 68	55 - 59
Middle	68 - 73	59 - 63
Light Heavy	73 - 78	63 - 68
Heavy	Over 78	Over 68

Weight Classes for Cadets Ages 12 - 14 (Born 2004 - 2006):

	Men's Weight Divisions	Women's Weight Divisions
Fin	Under 33 kg	Under 29 kg
Fly	33 - 37	29 - 33
Bantam	37 - 41	33 - 37
Feather	41 - 45	37 - 41
Light	45 - 49	41 - 44
Welter	49 - 53	44 - 47
Light Middle	53 - 57	47 - 51
Middle	57 - 61	51 - 55
Light Heavy	61 - 65	55 - 59
Heavy	Over 65kg	Over 59kg

Weight Classes for Youth Ages 10 - 11 (Born 2007 - 2008):

	Men's Weight Divisions	Women's Weight Divisions
Fin	Under 30 kg	Under 30 kg
Light	30 - 35	30 - 35
Middle	35 - 40	35 - 40
Heavy	Over 40 kg	Over 40 kg