



August 26, 2011

The Alberta Taekwondo Association (ATA) is now accepting applications for the positions of Sparring and Poomsae Coaches for the 2011/12 season.

Interested parties should send a resume and strategic plan (for the 2011/12 season) to the ATA at admin@taekwondoalberta.com, with cc's to ATA President Master James Lo (james@imarkmetal.com) and ATA Coaching Director Master Thai Le (info@spirit-tkd.com). Please indicate which position you are applying for: Head Coach Sparring, Assistant Coach Sparring, Head Coach Poomsae or Assistant Coach Poomsae.

Duties of Coaches:

- Prepare and/or evaluate individual annual plans of all Provincial athletes
- Develop coaching plans to support all Provincial athletes to attain National podium performances
- Prepare and run Provincial Team Training
- Responsible for coaching team members at all designated team events (National and International)
- Evaluate athletes performance and attainment of individual goals
- Establish key training variables, key performance indicators, and thresholds (i.e. volume, intensity)
- Provide ATA Coaching Directors/Executive with relevant information for setting Alberta Taekwondo performance goals (short and long term)
- Work with ATA Coaching Directors/Executive in the implementation of Taekwondo Canada's LTAD (Long Term Athletic Development) Program
- Prepare annual/quarterly plans
- Execute competition preparation plan
- Recommend individual coaches to Provincial training camp
- Provide answers, guidance, and/or direction to all Provincial athletes and their coaches
- Post-competition/season debrief with Provincial athletes

Qualifications - Knowledge and Experience:

- Minimum NCCP (National Coaching Certification Program) Level 3 (Theory) Certification or equivalent (Head Coach position) **or** NCCP Module B Certification (Assistant Coach position)
- Understanding of Taekwondo Canada's LTAD (Long Term Athletic Development) Program
- Understanding of the needs of elite and developing taekwondo athletes
- Knowledge of the Canadian high performance sport system
- Experience coaching elite and developing taekwondo athletes
- Minimum WTF 4th Dan (Head Coach) **or** WTF 2nd Dan (Assistant Coach)

Qualifications - Abilities and Aptitudes:

- Excellent communication, interpersonal and program management skills
- High Performance sport analysis skills
- Proven record of developing taekwondo athletes to fulfill individual potential
- Ability to work alone and as part of a team

The deadline to submit applications is September 15, 2011. Once all applications are received, the ATA Executive will make a final decision, with the Coaching Director's input.